

# Menu - Week 1



Monday	Tuesday	Wednesday	Thursday	Friday
Beef Burger in a Bread Roll with Tomato Sauce	Chilli Con Carne	Roast Chicken Drumsticks and Gravy	Margherita Pizza	Fish Fingers Oven Baked Fish
[Allergen grid for Monday]	[Allergen grid for Tuesday]	[Allergen grid for Wednesday]	[Allergen grid for Thursday]	[Allergen grid for Friday]
Chunky Vegetable Moussaka	Jacket Potato with a choice of filling (Tuna/Cheese)	Cheese and Spinach Pasta Bake	Tuna Gnocci Bake	Baked Tortilla Stacks
[Allergen grid for Monday]	[Allergen grid for Tuesday]	[Allergen grid for Wednesday]	[Allergen grid for Thursday]	[Allergen grid for Friday]
Spaghetti Hoops	Wholemeal Rice	Roast Potatoes	Garlic Bread	Chips
[Allergen grid for Monday]	[Allergen grid for Tuesday]	[Allergen grid for Wednesday]	[Allergen grid for Thursday]	[Allergen grid for Friday]
Mixed Salad	Baked Beans Mixed Vegetables	Broccoli Carrots	Spaghetti Hoops Sweetcorn	Peas Beans
[Allergen grid for Monday]	[Allergen grid for Tuesday]	[Allergen grid for Wednesday]	[Allergen grid for Thursday]	[Allergen grid for Friday]
Chocolate Pear Cake with Chocolate Sauce	Stawberry Jelly with Pineapple	Apple Crumble and Custard	Jam Sponge and Custard	Artic Roll
[Allergen grid for Monday]	[Allergen grid for Tuesday]	[Allergen grid for Wednesday]	[Allergen grid for Thursday]	[Allergen grid for Friday]



- Gluten
- Eggs
- Fish
- Soybeans
- Milk
- Wheat
- Celery
- Mustard
- Sesame
- Sulphur Dioxide
- Lupin
- Barley

Salad/Fresh Fruit available from the Salad Cart  
 Refreshments provided - Milk and Water

A selection of breads available daily, served without butter/margarine