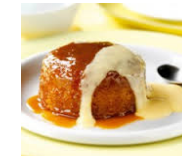


Menu - Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Spaghetti Bolognese	BBQ Chicken with Wholegrain Rice	Roast Turkey with Stuffing and Gravy	Meatballs with Pasta	Fish Fingers Oven Baked Fish
Vegetable Wrap	Jacket Potato with a choice of filling (Tuna/Cheese)	Cheese 'n' Onion Rolls	Quorn Sausages	Spanish Omelette
Peas Sweetcorn	Mixed Vegetable Medley	Roast Potatoes Carrots Cabbage	Green Beans Broccoli	Chips Baked Beans Peas
Syrup Sponge and Custard	Fudge Yoghurt with Fruit	Marble Sponge and Custard	Peach Crumble	Strawberry Whip with Bananas



- Gluten
- Eggs
- Fish
- Soybeans
- Milk
- Wheat
- Celery
- Mustard
- Sesame
- Sulphur Dioxide
- Lupin
- Barley

Salad/Fresh Fruit available from the Salad Cart

Refreshments provided - Milk and Water

A selection of breads available daily, served without butter/margarine